You ask. We answer.

Yep, it's just that easy.



Health care can be confusing, and it's okay to have questions. We're here to help you find answers and guide you through big and little health care decisions along the way. The best part? We've got three easy ways to connect:

Use the AI Assistant. Get instant answers using intelligent technology that already knows about you and your plan.

Chat with us. Connect with a representative online who can answer your questions*.

Call us. Use the number on your ID card to talk to someone 24/7.

We're here 24/7 to help with:

- Medical bills
- Coverage
- Explanation of benefits (EOB)
- Claims
- In-network providers
- Digital ID cards
- Health spending accounts (HSAs)
- Prior authorizations

Whatever you need, rest assured getting help will be easy.

Need some guidance?

Log in to **myCigna.com®** or the **myCigna App**. Or call the number on your ID card 24/7.

*Chat feature can be accessed through the AI assistant. Live chat is available in English for customer enrolled in certain products or services. Available Mon - Fri, 9am-8pm, ET

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